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## Candida Albicans: Could Yeast be Your Problem

By Leon Chaitow

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Candida Albicans: Could Yeast be Your Problem, Leon Chaitow, The revised and updated guide to the health problems caused by yeast infection that shows how to determine if yeast is your problem and, if so, how to control it - Includes the author's latest research and clinical experience for yeast detection and drug-free treatment - Over 36,000 copies sold to date Candida albicans is a yeast that exists inside all of us. Normally it presents no problems, but today's widespread use of broad-spectrum antibiotics, contraceptive pills, and steroids, as well as a sugar-rich diet, can cause a proliferation of this parasitic yeast. This can often be the root cause of a wide variety of problems such as depression, anxiety, irritability, bloatedness, heartburn, tiredness, allergies, acne, migraine, cystitis, and menstrual problems. Leon Chaitow, using the latest research and his own clinical experience, shows how to determine if yeast is your problem and provides a comprehensive, non-drug program for its control.



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