

Find eBook

ORZO, AVENA, MIGLIO E MAIS. I SAPORI DIMENTICATI.



Pacini Fazzi, 2014. Book Condition: new. Lucca, 2014; br., pp. 64, cm 12x16,5. (I Mangiari. 80). Il ricettario offre spunti, curiosità e nuove idee sull'utilizzo di questi antichi cereali. Un tempo comuni sono da molti anni stati sostituiti nelle coltivazioni e nell'alimentazione del più comune frumento. La riscoperta di questi ingredienti, legata spesso a problemi alimentari come la celiachia, riporta sulla nostra tavola i piatti dei nostri nonni, con preparazioni gustose, semplici e mai banali.

Read PDF Orzo, Avena, Miglio e Mais. I Sapori Dimenticati.

- Authored by Ferrari, M Cristina
- Released at 2014



Filesize: 8.45 MB

Reviews

This publication can be well worth a study, and far better than other. Better then never, though i am quite late in start reading this one. Its been printed in an exceedingly simple way and it is only soon after i finished reading through this book in which really transformed me, alter the way in my opinion.

-- **Miss Alisa Toy**

This is the very best ebook i have got study until now. This is for those who statte there had not been a worth reading. You can expect to like the way the writer write this book.

-- **Jeffrey Ritchie**

Absolutely among the best publication I have at any time go through. It is definitely basic but shocks from the 50 % of the book. I discovered this book from my i and dad advised this publication to find out.

-- **Solon Pacocha**
