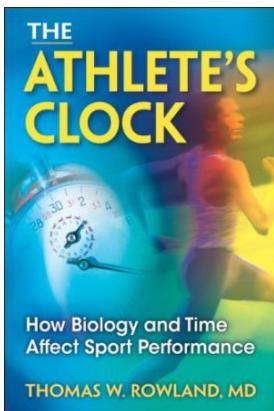


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## THE ATHLETE'S CLOCK: HOW BIOLOGY AND TIME AFFECT PERFORMANCE (PAPERBACK)



Human Kinetics Publishers, United States, 2011. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book. The Athlete's Clock answers some of the most compelling questions in sport and exercise science. This unique book takes a broad look at the physiological clock, offering students, researchers, coaches and athletes an approach to understanding how various aspects of time affect sport performance. Readers will find information on the mechanisms by which time influences physiological function, such as...

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- Authored by Thomas W. Rowland
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