



The Unlikely Triathlete Part Two: Return of the Training Plan (Paperback)

By Deborah Longman

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Language: English . Brand New Book ***** Print on Demand *****. With the joy of having completed her first triathlon behind her, Debs decides to keep going with the sport. This despite the fact that she still hadn't developed any sporting prowess. She was, however, loving it. In this, the second book of the Unlikely Triathlete series, we discover the highs and lows of training for a second triathlon and taking her running to new levels she never thought possible.

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