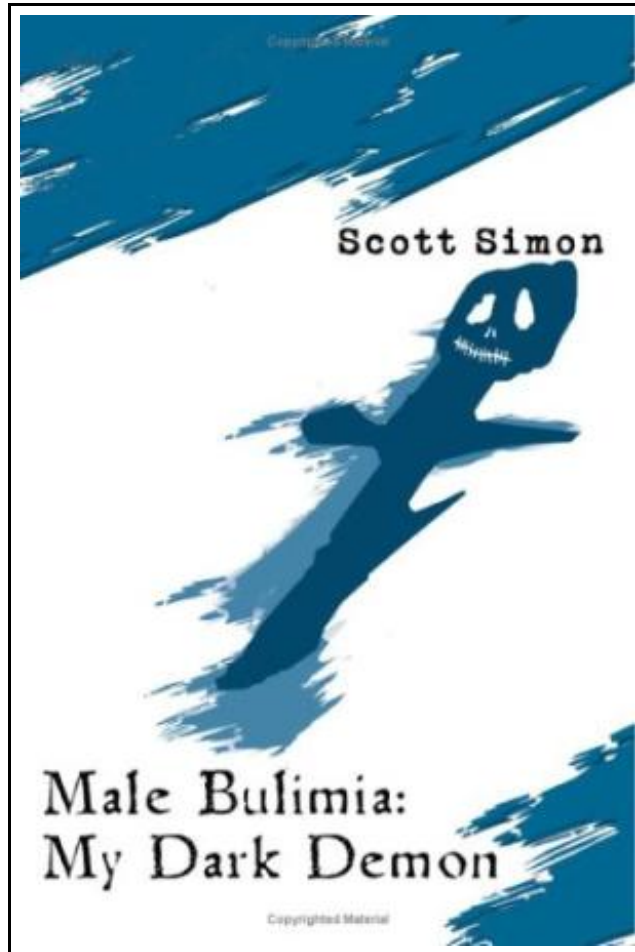


## Male Bulimia: My Dark Demon (Paperback)



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iUniverse, United States, 2006. Paperback. Book Condition: New. 220 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Male Bulimia: My Dark Demon is a powerful, firsthand account of author Scott Simon's triumph over a lifelong deadly disease-bulimia. After developing bulimia while participating in school sports, Scott learned how to hide his disorder. He continued on a downhill slide into drugs, alcohol, and excessive eating. At the age of thirty-two, Scott finally admitted to himself that he needed to make serious changes in his life. Simon explains his childhood years of tough discipline and high expectations, an adolescence of rebellion and isolation, and adult years consumed by multiple addictions and undiagnosed manic-depression. Simon tells his life story not only for bulimics and anorexics, but also for families and friends who are caught up on the emotional roller coaster of dealing with their loved one's eating disorder. Male Bulimia: My Dark Demon is also for mental health professionals who understand the seriousness of bulimia and anorexia and who recognize the growing number of bulimic males. For those people slowly killing themselves with bulimia or anorexia, Scott's story shows that there is hope.



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